

APOST Combined FESS and EES Cadaver Workshop

Training venue: Clinical Skills Laboratory at Changi General Hospital, Singapore

Date: 1-2 October, 2018 (Monday & Tuesday)

Preliminary Program Rundown

Day 1 – FESS Workshop

Time: 7:45am – 5:00pm

| Time | Agenda |
|------------------|--|
| 7:45am – 8:00am | Registration |
| 8:00am – 8:05am | Introduction to APOST |
| 8:05am – 8:10am | Welcome Address |
| 8:10am – 8:30am | Sinus Anatomy |
| 8:30am – 9:00am | Principles of Sinus Surgery |
| 9:00am – 9:30am | Demonstration <ul style="list-style-type: none"> ➤ Uncinectomy, MMA, Anterior & Posterior ethmoidectomy ➤ Sphenoidotomy and completion of ethmoidectomy ➤ Frontal Draf 2A dissection |
| 9:30am – 12:00nn | Dissection |
| 12:00nn – 1:00pm | Lunch Break |
| 1:00pm – 1:30pm | Frontal Sinus Dissection |
| 1:30pm – 2:30pm | Demonstration <ul style="list-style-type: none"> ➤ Sphenopalatine ligation ➤ Endoscopic DCR ➤ Inferior turbinoplasty ➤ Endoscopic medial maxillectomy, prelacrimal, transseptal & Denker's modification |
| 2:30pm – 5:00pm | Dissection |
| 5:00pm | Q&A and Wrap-up |

Program Rundown – EES Workshop

Day 2 – EES Workshop

Time: 8:00am – 5:30pm

| Time | Agenda |
|-------------------|---|
| 8:00am – 8:30am | Registration |
| 8:30am – 8:40am | Welcome Address and Opening |
| 8:40am – 9:10am | Overviews of Endoscopic Ear Surgery – From Microscope to Endoscope |
| 9:10am – 9:40am | Endoscopic Anatomy and Physiology of Middle Ear and Temporal Bone |
| 9:40am – 10:00am | Course Photography and Coffee Break |
| 10:00am – 12:30nn | Demonstration and Dissection – Endoscopic Ear Surgery: Basic Techniques <ul style="list-style-type: none"> ➤ Endoscopic Transcanal Tympanotomy ➤ Endoscopic Identification of Middle Ear Anatomy ➤ Endoscopic Tympanoplasty ➤ Endoscopic Ossiculoplasty |
| 12:30nn – 1:15pm | Lunch Break |
| 1:15pm – 1:45pm | Endoscopic Tympanoplasty and Ossiculoplasty |
| 1:45pm – 2:15pm | Functional Endoscopic Approach to Cholesteatoma Surgery |
| 2:45pm – 3:00pm | Coffee Break |
| 3:00pm – 5:00pm | Demonstration and Dissection Laboratory B4 – Endoscopic Ear Surgery: Advanced Techniques <ul style="list-style-type: none"> ➤ Endoscopic Atticotomy ➤ Endoscopic Identification of Epitympanic/ Retrotympanic Anatomy ➤ Endoscopic Approach to the Attic via Mastoidectomy ➤ Endoscopic Transcanal Approach to the Inner Ear and Petrous Apex |
| 5:00pm | Adjournment |